Dear Parents,

Term 3 has been a very busy one with lots of interesting excursions, incursions and events happening.

**NAPLAN.** Parents of children in Years 3 and 5 are now able to pick up their child’s NAPLAN report from the child’s teacher. Reports that are not collected will be sent home with the end of year reports. Overall our students did exceptionally well in the Australia wide tests. At both Grade 3 and Grade 5 our children scored above the state average in virtually all areas. This is a great result which illustrates that the school is providing a high quality learning program in an extremely positive environment. Several of our students achieved marks in the top bracket state-wide which is a great credit to themselves and the school. We encourage parents to collect their child’s report and to have a chat with the teacher about the report.

**Victorian Child Safe Standards.** During 2016 the Victorian Government is ensuring that all places that deal with children, eg. schools, kindergartens, child-minding etc. etc. are able to do so in an environment where children are protected and not put at risk. All of these bodies are expected to have policies and practices in place to ensure that these vital safe-guards are put into place. Schools do this as part of what they do everyday, and our school always has the well-being of the children as the number one priority. As with most schools in Australia we already have the policies and practices in place and can safely sign off that our school fits the Child Safe Standards model.

**Literacy and Numeracy Week.** We look forward to a fun and educational week next week. Attached is the program for the week.

**Staffing:** During term 4 our grade 3/4 teacher George Saisanas is taking long service leave and will be replace for the whole term by Miss Holly Russell. We wish George all the best for his travels and look forward to Holly being in the grade.

**Cybersafety Presentation.** This week Joe Mills, our ICT teacher presented a workshop for parents on Cyber-bullying. Joe showed parents some strategies to deal with some of the issues facing young people online including:

- Social media
- Viruses and adware
- Cyberbullying and what to do about it
- Passwords
- Spams, pop ups and phishing
- Augmented Reality Game genre, e.g. “Pokemon Go”

The presentation discussed the popular applications used by young people, the risks they may be exposed to and how to minimise these risks, and finally where to report problems. The parents greatly appreciated Joe’s presentation.

**AFL clinics.** Grades 1/2 recently took part in coaching sessions with AFL Victoria staff as part of their Phys. Ed. program. The children thoroughly enjoyed the sessions where they practiced the skills of marking, kicking, handballing etc.

As part of the AFL awareness program, students from our school took part in a mixed gender competition run in conjunction with local schools at Mutton Reserve on August 11. The children had a great time, got muddy and overall had a great experience. Special thanks goes to Mrs. Di Nucci for organising these events.
Hoop Time. Earlier this month a group of 22 Grade 5 and 6 students took part in the Hoop Time basketball competition, at Co-burg Basketball Stadium. The students played well, showed great teamwork and great sportsmanship in all their games. Thanks to Miss Kelly and the other coaches and helpers who helped prepare the students for this event.

First Aid. This week we hosted trainers from St. Johns First Aid who took all the grades through basic first aid training sessions for the children. We believe it is very important that children understand that emergencies can happen at any time and that they can help by doing the right thing. Please ask your child about the skills they learnt at the basic training session this week.

Australian Centre for the Moving Image (ACMI) excursion. Grades 3/4 took a train into the city to the Australian Centre for Moving Images last week.

What’s happening in Term 3?

Grade 5/6 excursion to the Shrine of Remembrance, Friday August 26.

Literacy and Numeracy Week. Week 8, Aug. 29- September 2.

Glenroy District Athletic Sports. Wednesday September 7.

Grade 3/4 local excursions to Merri Creek, September 8 and 15.

Breakfast Club. continues on Tuesday and Thursday mornings. Any child can come along to the staff room, where we will provide a choice of vita brists and milk, toast and vegemite, toast and jam or toast and margarine, fruit salad. Children are welcome to come to the staff room between 8.30 and 9.00. There is no cost for this. Children are supervised eating breakfast and are able to go out to play or go straight to their classes after they have eaten (and helped clean up).

Important notes:

School terms 2016

| Term 3: | July 11 – September 16 (2.30 finish) |
| Term 4: | October 3 – December 20 (1.30 finish) |

ACMI Excursion Report

On the 18th of August 3/4 G & 3/4 A went to ACMI (Australian Centre for the Moving Image). Before we got there we had to plan our group’s lines before we did some acting on the green screen. It was amazing! After that we had recess.

When recess was over my class had to do acting. When it was my group’s turn I started to like acting because it was an amazing feeling to be acting as a movie character.

After that we went to Screen Worlds. I played awesome games (and some weird ones) where you had to kill robots. I also learned that the Oscar was a famous award for acting. Cate Blanchett won it for her acting. After that we had lunch (which was extremely fun) and then we watched our movie that we made.

If you want to see it, our movie will be shown next week during our ICT Show & Tell.

by: Saad M 3/4 G
FOOTY DAY
14 September 2016
Pie or Sausage Roll & a drink
Wear Your Teams Footy Colours
—- NO CANTEEN ORDERS ON THIS DAY—-
Saturday September 3rd at 10:00am-2:00pm

College Tours, Art Show, Memorabilia Exhibition, Musical Performances, Refreshments

Pascoe Vale Girls College
Lake Avenue, Pascoe Vale 3044
www.pvgc.vic.edu.au Ph: (03) 9306 2544

SCHOOL HOLIDAY ACTIVITY FOR PARENTS AND PRIMARY SCHOOL AGED CHILDREN

FREE SNACKS PROVIDED

Looking for something to do in the holidays? Want to spend some time together with your children that’s fun and makes you feel happy? Come along to our pop-up recycled art workshop!

Where: Fawkner Community House, 97 Major Road, Fawkner
When: Wednesday 21 September 2016 10.30am-12.00pm

Registrations essential
Contact Gabi:
Phone: 0438 849 234
Email: earlylinks@mcm.org.au

The Early Links Program is funded by the Australian Government Department of Social Services
Do you have a friend you enjoy spending time with?

We need your help!!!!!!

Why not spend a couple of hours together, once a fortnight helping out in the school canteen. You will be able to have a coffee and chat while preparing lunches for the children.

Canteen runs Monday, Wednesday & Friday. If you are able to help, please see Annette in the office.
To do better in school, kids should exercise their bodies as well as their brains, experts say

Exercise and academic performance linked. Photo: Getty Images

Attention parents: If you'd like to see your kids do better in school, have them close their books, set down their pencils and go outside to play.

That's the latest advice from an international group of experts who studied the value of exercise in school-age kids.


What's more, exercise and fitness "are beneficial to brain structure, brain function and cognition," the experts concluded.

The group of 24 researchers from the United States, Canada and Europe came up with this advice after poring over the latest scientific and medical research on the benefits of exercise in kids ages 6 to 18. The experts, from a variety of disciplines, gathered in Copenhagen this spring to assess the value of all kinds of exercise, including recess and physical education classes in school, organised youth sports leagues and old-fashioned outdoor play.

Though all of these activities take kids out of the classroom or away from their homework, they are still a good investment in academic achievement, the consensus statement says. Even a single break for moderate-intensity exercise can boost "brain function, cognition and scholastic performance," according to the statement.

The benefits also extend to the psychological and social realm, the experts wrote. Exercise will clear their heads, help them make friends, and help them feel more confident around their peers as well as coaches and other adults.

Any kind of exercise is valuable, but goal-oriented activities provide extra benefits, the experts found. Among other things, they promote "life skills" and "core values" like respect and social responsibility, they wrote in the statement.

Not surprisingly, exercise - whether it comes in the form of a tennis lesson, soccer tournament, family hike or bike ride to school - also boosts physical health. Kids with good heart and lung function and strong muscles are less likely to develop chronic conditions like diabetes and coronary artery disease as adults, the experts noted.

All of these are reasons why schools and communities should make sure kids have access to playgrounds, parks and bike lanes, the statement says.

And if you're worried that your son or daughter will lose precious minutes polishing up a book report or cramming for a final, you can relax.

"Time taken away from academic lessons in favour of physical activity has been shown to not come at the cost of scholastic performance," the experts wrote.

Los Angeles Times


Follow us: @EssentialKids on Twitter | EssentialKids on Facebook
Monday 29th August

11.30 – 12.30 Class Rotational Maths Activities, in own classrooms

Prep-2 & 3-6:

*Also in classrooms during the day:*

Students celebrate by reading together, sharing stories and listening to the stories of others under the theme: “Australia! Story Country”. This will be followed by activities relating to the books studied.

The books featured in this week’s *FAIR DINKUM!* performance have been selected from the CBC 2016 Short List for the Picture Books, Early Childhood and Younger Readers categories in consultation with Librarians and several classroom teachers.

The books selected from the 2016 CBCA Shortlist that will appear in *FAIR DINKUM* are:

- **PERFECT** by Danny Parker and Freya Blackwood
- **MR HUFF** by Anna Walker
- **SURI’S WALL** by Lucy Estella and Matt Ottley
- **THE WHITE MOUSE** by Peter Gouldthorpe

Tuesday 30th August

11.30 – 1.30 *ICT Show and Tell* in the BER building plus class displays on Literacy and Numeracy. Parents and friends are invited to attend.

11.30-12.30  Session 1 Prep - 2  
12.30-1.30  Session 2 Year 3 – 6

Wednesday 31st August

*Fair Dinkum* is an action packed, fun filled adventure that encourages children of all ages to consider how significant books can be, not only as a means of entertainment and escape, but as a way of informing their understanding of the world around us.

**Learning Areas:** English, The Arts, Humanities & Social Sciences, Health and Physical Education

**General Capabilities:** Literacy, Critical and Creative Thinking, Personal and Social Capability, Ethical Understanding

**Themes:** Acceptance of Others, Inclusiveness, Australia, History, Reading and Literacy, Imagination, Drama, Music, Dance

**Testimonials:** “Children identified with characters from the books... storyline – clear and well articulated.... Great energy! Debriefing the performance great idea! Great lessons evolved! Audience interaction / crowd control – excellent!!! . Props were very effective. Encourages children to read and write.”

“The children responded well to all elements of the show. Showed the children that books can come alive in your imagination. Very inspiring and motivating.”

Thursday 1st September

11.30-12.30  Children’s Writing and Book Cover Display and Shared Story Session: Book covers and writing created by the students will be on display outside classrooms. Prizes will be awarded at Friday’s Assembly.

Parents, grandparents and friends are invited to join in the fun

2.30 – 3.30p.m. MC: Vicky Viscuso

Class presentations in BER based on the Book Week theme: *Australia! Story Country.*

E.g. story re-enactment, poems, Aussie songs, Powerpoint presentations.

Friday 2nd September:

9.15 – 10.15 a.m. *Book Character Parade in the BER building.* MC Joe Mills

Students, teachers and visitors are asked to dress as their favourite book character. Children participating will not require their uniform on the day. Parents and friends are invited to attend. **Lots of prizes for the best dressed!**

Class teachers will judge their own class and choose two prize winners.